

Lakecrest Hot Lunch Program - January 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Reminder: All hot meals include a beverage at no additional cost. Please include payment for beverages ONLY on days that you have indicated a beverage, without selecting the hot meal option
Due Monday Dec 19, 2011		4 Back to School!	Make cheques payable to "Lakecrest home & school"		
9 Macaroni and cheese Fruit Beverage	10 Chicken Caesar wrap Veggies Cookies Beverage	11 No school lunch	12 Beef strips and gravy Veggies Fruit Beverage	13 Pizza Cheese____ Pepperoni____ Fruit Beverage	Although H&S makes every effort to ensure product selection that considers known student allergies, we cannot guarantee allergen free products.
16 Chicken noodle soup Cheese & crackers Veggies Yoghurt Beverage	17 Tacos, rice Veggies Fruit popsicles Beverage	18 No school lunch	19 Non meat lasagna Fruit Beverage	20 Pizza Hawaiian____ Cheese____ Fruit Beverage	
23 Chicken penne with tomato sauce Fruit Beverage	24 Quesadillas Chicken____ Cheese____ Ice cream sandwiches Beverage	25 No school lunch	26 Goulash (beef, tomato sauce, noodles & cheese) Fruit Beverage	27 Pizza Cheese____ Pepperoni____ Fruit Beverage	
30 Macaroni and cheese Fruit Beverage	31 Oven roasted chicken breast Potato/Veggies Popsicles Beverage	Junior (K-3): #____x\$6.00 = ____ Senior (4-9) : #____x\$6.50 = ____ Milk/juice only: #__x\$0.50= ____ Total=		Name_____ grade____ Please specify Dietary restrictions/allergies:	