



SCHOOL OF CHOICE

Uniform Policy

POLICY STATEMENT

Students who attend Lakecrest are expected to wear a uniform while attending school, unless it is a designated dress-down day. The uniform shall be worn appropriately at all times, with no alterations made without administrative approval. The Lakecrest uniform consists of a Regular, Dress and Athletic Uniform.

SCOPE

This policy is applicable to all students attending Lakecrest.

POLICY DIRECTIVES

The Dress Uniform is required on school opening days, school picture day, and other designated Dress Uniform-required occasions such as the Remembrance Day Assembly. These will be communicated to parents and students as necessary.

On all other days, students enter and leave wearing the Regular Uniform. The Regular Uniform requires black or navy blue dress shoes. We define dress shoes as shoes that can be polished. Students will require a pair of athletic shoes to be worn indoors only. Outdoor footwear, including boots or sneakers, must be removed inside the entrance of the school and carried to the lockers.

Students wear (or change into) the Athletic Uniform on days they have P.E. class in their timetable.

The first and third Friday of each month is a "dress down" day where students are permitted to wear school appropriate casual clothes (as determined by school administration) instead of their uniforms by providing a \$1.00 donation to the Lakecrest Student Council. Students who arrive wearing inappropriate clothing may have their parents contacted to drop off a new outfit, and/or be provided with something from the school until new clothing is brought to the school. This applies to both staff and students of all genders and gender identities. Parents may contact school administration if they have questions regarding specific clothing for their child.

Regular/Dress Uniform

<p>Junior Uniform (K-6) - Regular</p> <ul style="list-style-type: none"> ● Lakecrest cardigan or vest ● White polo crested ● Lakecrest hoodie (optional) ● Navy dress pants/dress shorts ● Navy tunic ● Navy (knee with tunic) socks or black socks ● Navy Tights ● Navy or black belt ● Navy or black dress shoes <p>Junior Uniform (K-6) - Dress</p> <ul style="list-style-type: none"> ● Lakecrest cardigan ● White button-down dress shirt ● Lakecrest tie ● Navy dress pants ● Navy tunic ● Navy (knee with tunic) socks or black socks ● Navy Tights ● Navy or black belt ● Navy or black dress shoes 	<p>Senior (7-9) - Regular</p> <ul style="list-style-type: none"> ● Lakecrest cardigan or vest ● White polo crested ● Lakecrest hoodie (optional) ● Grey dress pants/dress shorts or grey skirt, knee length ● Grey tights or knee socks with skirt ● Black belt ● Black or grey socks ● Navy or black footwear <p>Senior (7-9) - Dress</p> <ul style="list-style-type: none"> ● Lakecrest cardigan ● White button-down dress shirt ● Lakecrest tie ● Grey dress pants or grey skirt, knee length ● Black belt ● Black or grey socks ● Grey tights or knee socks with skirt ● Black dress shoes
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Athletic Uniform

<p>Grades K-6</p> <ul style="list-style-type: none"> ● Wear Gym Uniform all day on P. E. days. ● Black Adidas or Stormtech pants ● Black Adidas shorts ● Red or Blue Lakecrest Athletics T-Shirt ● Adidas crested jackets ● Kindergarteners: Royal blue crested hoodie ● White sport socks ● Non-marking supportive sneakers 	<p>Grades 7-9</p> <p>Students may wear their Regular Uniform or Athletic Uniform to school, and have the option to change into their Athletic Uniform before P.E. class.</p> <ul style="list-style-type: none"> ● Black Adidas pants ● Black Adidas shorts ● Red or Blue crested Adidas soccer jersey ● Adidas crested jacket/Lakecrest hoodie ● White sport socks ● Non marking supportive sneakers <p>Other guidelines:</p> <ul style="list-style-type: none"> ● Sneakers are stored in school and used only indoors. ● All uniform pieces should be clearly labeled with indelible ink on an inside tag of the garment.
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UNIFORM ORDERING INFORMATION

Suppliers of the academic uniform:

Strawberry Tree

21 Rowan Street,
Churchill Square, St John's, NL
Tel (709) 579-7626

Strawberry Tree can do individual fittings in their store and will supply up to size 18 in ladies and men's sizes.

Suppliers of the athletic uniform:

Beresford's Ltd

90 Bonaventure Ave.,
St. John's, NL
Tel (709) 753-1900

Parents can also order athletic uniforms via their online ordering platform at:

<https://www.lakecrestgym.com/>

Please see below for additional sizing information for the athletic uniforms:

Hoodies

BRAND SIZE CHARTS



MEN'S SIZING						
	S	M	L	XL	2XL	3XL
CHEST	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56
WAIST	28 - 30	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50

WOMEN'S SIZING						
CHEST	XS (0 - 2)	S (4 - 6)	M (8 - 10)	L (12 - 14)	XL (16 - 18)	2XL (20 - 22)
BUST	32 - 33	34 - 35	36 - 37	38.5 - 40	41.5 - 43.5	45.5 - 47.5
WAIST	25 - 26	27 - 28	29 - 30	31.5 - 33.25	35 - 37.25	39.5 - 41.75
HIP	35 - 36	37 - 38	39 - 40	41.5 - 43	44.5 - 46.5	48.5 - 50.5

YOUTH SIZING				
	YS (8)	YM (10 - 12)	YL (14 - 16)	YXL (18 - 20)
HEIGHT (INCHES)	50 - 51	55 - 58	62 - 64	67 - 68
WEIGHT	55.5 - 59	73.5 - 87	100.5 - 115	126.5 - 137
CHEST	27	28 - 29.5	31 - 32.5	34 - 35.5
WAIST	24.5	24.5 - 25.5	26.5 - 27.5	28.5 - 29.5

Youth Royal or Red Tee Shirts

	XS	S	M	L	XL
Body Length	20 1/2	22	23 1/2	25	26 1/2
Body Length Tolerance	-/+ 1	-/+ 1	-/+ 1	-/+ 1	-/+ 1
Chest Tolerance	-/+ 1	-/+ 1	-/+ 1	-/+ 1	-/+ 1
Chest Width (Laid Flat)	16	17	18	19	20
Sizes (CA)	4	6-8	10-12	14-16	18-20

Adidas Sizing

KIDS' APPAREL SIZE CHART SIZE 4 TO 8

	S	M	L	XL
SIZE	4 - 5	5 - 6	6 - 7	7 - 8
HEIGHT	38.5 - 44"	41.5 - 45.5"	44.5 - 46.5"	46.5 - 49"
WEIGHT (LBS)	34 - 44	39 - 49	45 - 54	54 - 59

KIDS' APPAREL SIZE CHART AGES 7 TO 12 | SIZE 8 TO 20

	S	M	L	XL
SIZE	8 - 10	10 - 12	14 - 16	18 - 20
HEIGHT	50 - 57"	58 - 63"	64 - 67"	68 - 72"
WEIGHT (LBS)	59 - 86	87 - 114	115 - 137	138 - 150

MEN'S CLOTHING SIZE CHART

	XS	S	M	L	XL	2XL	3XL
Size	28	30 - 32	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52
Chest	31 - 33"	34 - 37"	37 - 40"	40 - 44"	44 - 48"	48 - 52"	53 - 58"
Waist	27 - 29"	30 - 32"	32 - 35"	35 - 39"	39 - 43"	43 - 47"	48 - 53"
Hip	32 - 34"	35 - 37"	37 - 40"	40 - 44"	44 - 48"	48 - 51"	51 - 56"